

Committed to Excellence!



Welcome new swimmer! We're really looking forward to seeing you! Here's everything you'll need to know for your first pool session...

What to bring!

- **Swim Suit & Towel** – We ask that you please do NOT use the hotel's pool towels so as not to create additional work for the housekeeping staff.
- **Quality goggles will be provided.** If you do not already own properly fit, high quality goggles, please feel free to use ours during your lesson. If you would like to purchase your own goggles, contact our office for advice on selection and availability from local retailers.
- **Swim Cap** - Recommended for swimmers with longer hair. Lycra caps fit comfortably with no hair-pulling and do a great job keeping wet hair off of swimmer's faces. But if you prefer, you can tie your hair back in a ponytail.
- **Non-Slip Deck Shoes** - Water shoes seem to work best. Be careful, flip-flops can be very slippery and are not recommended.
- **Swim Diapers** - For students younger than 3 years, we require two layers of swim diapers under the child's swim suit while in the pool. We must ask that you understand. An "accident" in the pool would result in immediate closure of the pool and costly disinfecting measures. We thank you for your understanding.

Upon arrival - All students and their families are asked to conduct themselves as though you are visiting a library when you are in the hotel. Speak softly and walk quietly. No running for safety's sake. Please observe all posted rules.

- Please arrive 10 minutes early for your first class and wait quietly with your child prior to the start of your lesson.
- If your child needs to change into their swim suit, please be discreet and use the nearby restrooms. Do not change children in any public areas within the facility
- For safety reasons, we ask that children walk slowly and small children should be held by the hand since the deck is slippery when wet. Walk your child carefully to the pool stairs where the instructor will escort them into the water. Students should not enter the water until their instructor invites them.
- Once the lesson begins, parents may observe lessons from the pool deck, but we ask that sit away from the instructional area and remain quiet. We appreciate your understanding in helping us to keep the pool environment free of distraction during your child's lesson.
- Restrooms are located nearby in the corridor outside pool area. **Please take extreme care not to track water into the corridors and restrooms creating a slipping hazard. Failure to do so could jeopardize our programs continuance within our host facility. Your cooperation is greatly appreciated.**

We greatly appreciate your understanding and cooperation in helping us to create a great learning environment for your child. Of course, if you have any questions, please contact our program director, Jackie Phillips, any time at (973) 406-7261 to discuss your child's progress within our program. Thank you for partnering with us in our commitment to excellence!

Pool Location: DoubleTree by Hilton Hotel 180 Route 17 South Mahwah, NJ 07430.

Parking & Pool / Restroom Access: Park in the rear parking lot. Pool is located on the south rear corner of the building. Exterior door labelled "Stairwell 3" at the rear of the building is kept ajar during lessons with an orange safety cone. Enter through this stairwell, proceed through the fire doors ahead of you. Pool door will then be on your right as you come into the interior corridor. Restrooms - Just beyond the pool door also on the right are double doors leading to the adjacent corridor where the restrooms are located on your right.